

# Join Now and Get Fresh Local Food Weekly

## Food Depot to Health - Urban Farms 2020 CSA Community Supported Agriculture

Support local foods by purchasing “shares” in the Urban Farms associated with  
Food Depot to Health and our growing network

### ***What is Community Supported Agriculture and how can I participate?***



Community Supported Agriculture (CSA) shares are a way of buying into the local food movement and getting fresh food every week during the growing season.

Typically local farmers sell their food at farmers' markets, roadside stands and to local restaurants and grocery stores. About 30 years ago American farmers began following a model developed in the rural South decades ago – the CSA – which is like buying a “subscription” to get food regularly, prepaid, reserved.

CSA farmers produce the food and CSA members pick it up weekly at designated locations. *Farmers harvest what is in season, and that is what is included in the weekly basket.*

Shares can be purchased by the month or you can pay for the whole season at once. Share pickup will be weekly May 20th through October 1, 2020 (20 weeks).

### **We have three share sizes:**

Single Shares at \$15 per week  
Family Shares at \$25 per week  
Deluxe Shares \$40 per week

Pick up locations:

***Wednesdays 4-6 pm South Euclid  
Garfield Memorial Church 1534 South Green***

***Thursday 4-6 pm Farmers' Market at  
League Park Market Place 7721 Superior***

Please complete the form on the following page and return it by mail with your check to:

Food Depot to Health – CSA  
1051 Winston Road  
South Euclid, Ohio 44121

Questions contact:  
Veronica 216-375-3757 or e-mail  
[mikeronnie123@hotmail.com](mailto:mikeronnie123@hotmail.com) and  
mention **CSA Shares** as the subject of  
your e-mail.

You can also pay online at  
<https://squareup.com/store/neo-restoration-alliance>



Food Depot to Health  
League Park Market Place  
CSA Share Form

Our 2020 Summer/Fall CSA Harvest Season will be from May20th through Oct. 1<sup>st</sup>.

Please indicate which type of share you want each week and your preferred payment schedule:

- Single share \$60 for 4 weeks
- Single share at \$250 for full 20 week-season
- Family share \$100 for 4 weeks
- Family share at \$450 for full 20 week-season
- Deluxe family share \$160 for 4weeks
- Deluxe family share \$720 for full 20 week-season

**Choose your CSA Pickup Site:**

<input type="checkbox"/> <b>Garfield Memorial Church</b>	<input type="checkbox"/> <b>League Park Market Place</b>
<b>1534 Green Road, South Euclid, Ohio</b>	<b>7721 Superior Road, Cleveland, Ohio</b>
<b><u>Wednesday</u> 4:00-6:30 p.m.</b>	<b><u>Thursday</u> 3:00-6:00 p.m.</b>

Please give us your contact information so that we can connect with you throughout the harvest season.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_

Please make checks payable to: Food Depot to Health

Mail to:  
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South Euclid, Ohio 44121

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Contact: Veronica [mikeronnie123@hotmail.com](mailto:mikeronnie123@hotmail.com)

216-375-3757